



The Workplace Active Certification project: First step questionnaire

SCOPE

The Workplace Active Certification (WAC) is aimed at European organisations (companies, institutions, federations, associations, etc.) that promote health and well-being at work through physical activity, and which wish to have their approaches and initiatives recognised and continuously improved.

The Workplace Active Certification is accessible to any type of organisation in the European Economic Area, irrespective of its size, location, culture, sector of activity, social and economic situation.

The first-step questionnaire, accessible to any companies, will be used to further identify and understand what already exists within your organizations, which will allow us to fine-tune the WAC certification criteria taking this into account. It can also be an opportunity to identify good practices that can be shared within the WAC network of partners and users. A first threshold needs to be achieved to access the second stage.

Remember:

- It is important that you answer the questions by outlining only what is currently done in your company, not what you think should or could happen. Therefore, the person responsible for supporting your physical activity/sport initiatives should answer the questionnaire.
- The survey usually takes about 45 minutes to complete. We strongly recommend **setting aside 60 minutes** for this task, focusing **solely on this task**, and **completing it in one session**. Should you have any problem or get interrupted, you can continue from where you left the survey by logging in again using the same link.
- The information provided in the online questionnaire as well as the information/documents sent by email will be centralized at the University of Copenhagen (WAC Partner) and made available to the WAC Partner in your country so that they can read it before the video call. They will be treated confidentially within the unique framework of the WAC project.

The WAC partner in your country remains at your disposal should you have any questions about the use of the information or for further details about confidentiality. Alternatively, you can also use the email address contact@activeworkplacecertification.eu .

Greetings to all you WAC enthusiasts, welcome to the first-step questionnaire!

The WAC Team.

ID CARD DOCUMENT

1. Name of the workplace

2. Business sector

3. Country

4. Representative name and surname

5. Representative position

6. Representative email

7. Number of employees

8. Description of the activities of your organisation in three (3) sentences maximum

9. Why do you consider physical activity and sport useful and to develop within the workplace?
1500 characters space included

10. Why are you willing to join the WAC Certification? What are your expectations?
1500 characters space included



Associated partner



QUESTIONNAIRE

11. Does the organisation/company provide its employees with concrete means to express their needs in terms of physical activity and healthy lifestyles? Yes No
1500 characters, space included

12. Do you currently have a (visible) “political endorsement” and managerial support at all levels (high, middle and floor management) of the organisation? Yes No
1500 characters, space included

13. Which is your vision, strategies and action plans to promote physical activity, well-being and healthy lifestyle for employees?
1500 characters, space included

14. Did the organisation/company deliver programmes or interventions or events to promote physical activity and/or healthy lifestyle in the past? Yes No
1500 characters space included

15. Does the company have a management system that includes methods and tools for evaluating and analysing its overall performance (examples: quality approach, periodic reviews, dashboards, indicators, annual reports, etc.)? Yes No
1500 characters, space included